FONG CARES FOUNDATION

Report: 29 Jan 2026

Fong Cares Foundation - 2025 Summary of Accomplishments

Welcome to the summary edition of the Fong Cares Foundation 2025 newsletter! As we embrace the winter season and the end of our first year, we are excited to share the latest news, updates, and stories from our community support activities. This year, our focus was on establishing our organization to be an educational provider and a charity-giving group. Through your support of our shared vision your strong encouragement, we have achieved our goals by providing funds and grants to our community.

Thank you to everyone for supporting our cause!

The Fong Cares Foundation, a registered 501(c)(3) nonprofit, is committed to advancing mental health well-being by empowering community organizations through grantmaking, advocacy, and direct support for individuals in high-stress professions, seniors, and our youth. We prioritize mental health awareness, resilience, and accessible resources in Southern Nevada, Colorado, and Arizona, ensuring that legal professionals, first responders, veterans, and family members receive the support they need.

We have many exciting events and projects planned for 2026 to continue our community goodwill efforts activities.

Deborah Wilfong, Fong Cares Foundation Co-Founder

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Our exciting developments at the Fong Cares Foundation!

In June 2025, Fong Cares Foundation partnered with Las Vegas based My Scars Are Beautiful. Our goal is to assist each other in promoting messages about mental health well-being. We are teaming with this organization to establish the UNLV Pilot Breathing Techniques Project. Our partnership between the *Fong Cares Foundation, My Scars Are Beautiful*, and our advisor group *University of Nevada, Las Vegas (UNLV)* is integrating diaphragmatic breathing as a technique to assist our first responders, legal professionals, and others for stress management.

In Oct 2025, Fong Cares Foundation recognized the community goodwill of A Touch From Heaven, a 501(c)3 non-profit located in Avondale, Arizona. The founder, Antoinette Love, has devoted her life to helping our future generation youth. Her organization has been successful in providing economically challenged children and families with back-to-school supplies, holiday dinners, issuing grants and charity-giving donations, arranging family outings, and giving out education scholarships. Fong Cares is proud to partner and provide support to this cause.

Our community partnership with A Touch From Heaven has provided support to Natalie's House in the Phoenix area. Our financial support is providing this facility with hygiene supplies, apparel, and holiday gifts for young girls rescued from sexual exploitation. Our support continues with providing the children with school supplies, arranging family events arranged, and helping with community dinners.

The Fong Cares Foundation with the University of Colorado - Colorado Springs (UCCS) is developing a collaborative Seniors support project. Working together, our goal is to bring on-site workshops and educational activities to Senior Assist Living facilities for aging well-being. Topics being explored are a) Nutrition and healthy diet for promoting good health, b) Understanding the aging process: what are the physical, mental, and emotional changes, c) Communication and storytelling, and strengthening verbal skills, and d) Poetry reading and music appreciation events. Working with the Colorado Springs and Monument Assist Living facilities, FCF/UCCS will develop our model programs. Our rollout plan is early 2026.

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Why Us - Our Vision for Fong Cares Foundation

The Southern Nevada region is focused on providing awareness for legal professionals and first responders by offering techniques for stress relief. Fong Cares and My Scars Are Beautiful partnering with our UNLV advisor team to seek to promote a structured methodology to those experiencing stress-related states. The vision is to bring this into the community through workshops, events, and informative discussions.

The Colorado Springs and Phoenix regions are focused on our Veterans, Seniors, and Youth initiatives to promote awareness for those prone to depression, suicide thoughts, and PTSD symptoms. Through engagement with community partnerships and UCCS geriatric expertise, Fong Cares helps groups recognize the signs and find helpful information and wellness sites.

Giving back to our community

The Fong Cares Foundation was established to promote community awareness, inspire active engagement, and advocate for mental health well-being. Built on a community-partnership philosophy, Fong Cares has begun partnering with organizations to enhance mental health services, provide education on mental wellness, and develop effective suicide prevention strategies.
Through our fundraising efforts, community partnerships will be strengthened, improving their ability to promote mental health awareness.

Fong Cares Foundation, our recognized community partners

- My Scars Are Beautiful – https://myscarsarebeautiful.org/
- A Touch From Heaven – https://atouchfromheavenllc.org/
- Depression and Bipolar Support Alliance – https://www.DBSAColoradosprings.org
- Stay_In_The_Game – charitieswarren@gmail.com (no website currently)
- Pikes Peak Suicide Prevention – https://www.pikespeaksuicideprevention.org

Fundraising activities are underway for Las Vegas, Colorado Springs, and Phoenix areas. Our monthly individual donations are gaining support!

The 2025 1st year goal was to raise $10,000, to date we have achieved **101% ($10,100)** towards our revenue goal and Fong Cares was able to provide charity-giving to assist our organizations.

> *The Fong Cares Foundation provided over $1,000 to A Touch From Heaven and Natalie's House supporting their dedication to assisting those in need.*

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At the Fong Cares Foundation annual January board meeting, we have prioritized our charitable giving, target grant proposals, and set fundraising goals to support our approved activities and to sustain the organization. The review of our final 2025 revenue and expense summary, Fong Cares Foundation, has determined that a charity-giving amount of $1,000 will be provided to our community partners. The community partners for the shared $1,000 charity-giving identified are as follows:

- My Scars Are Beautiful – https://myscarsarebeautiful.org/
- A Touch From Heaven – https://atouchfromheavenllc.org/
- Depression and Bipolar Support Alliance – https://www.DBSAColoradosprings.org

Thanks to our many donors and sponsors who have provided Fong Cares with this opportunity to assist other organizations to further their mission.

2026 Fundraising Goal

In 2026, our goal will be to bring more opportunities for goodwill and support to the community. Our fundraising goal for this coming year is **$35,000.**

Many exciting efforts planned for 2026 of the Fong Cares Foundation!

2026 Goals for the Organization

- Continue to provide charity-giving support to our Community Partnerships: A Touch From Heaven and Natalie's House. Focus on providing educational support for children and families.
- Organize and implement our initial phase for the UCCS/Fong Cares Senior Assist Living project to bring on-site activities for senior well-being for the Colorado Springs and Monument facilities.
- Promote our community partnerships to provide mental health awareness through educational workshops.
- Host educational workshops and seminars to promote awareness of mental health with a focus on first responders, legal professionals, veterans, seniors, and youth populations.
- Return 70% of net revenue received from individual contributions and corporate sponsorships back to the community.

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Comments from those Fong Cares Foundation has helped

Community Partnership – Testimonials

A Touch From Heaven:

We are truly honored and grateful to have the Fong Cares Foundation supporting our mission to serve children and families. Their 2025 support has made a tangible difference—providing much-needed supplies and creating opportunities for joyful group experiences. Thank you to the Fong Cares Foundation and to everyone who helps make this spirit of giving possible. **Antoinette**

Natalie's House:

We are deeply thankful for the support given to the girls who come to our House. Fong Cares has consistently been there, providing supplies, clothing, and gifts, and—most importantly—showing genuine care and commitment to our mission. **Janet**

Children's Voices on FCF – Testimonials

Received many letters of thanks from the Carpenters House of Worship (CHOW) who attended the movie "David".

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Donor – Testimonials

We donate to the Fong Cares Foundation because we agree with the core values of the organization, their mission, and dedication. We also appreciate their sincerity with respect to helping those struggling with mental illness as well as the support they intend to offer to other organizations who seek to help people battling the effects of mental illness. We believe they will continue to develop additional resources for those in need of assistance and to contribute beneficial information and options, especially for those in the Colorado, Arizona, and Nevada regions of the United States. **"David and Carla McGill"**

Hello, one of the reasons that I donated to the Fong Cares Foundation is because I know contributions can help fight the stigma and educate the public in the awareness of mental health**. "Millie Washington"**

The main reason I support the Fong Cares Foundation is because of their focus on mental health awareness and community education. **"Mary Jane Aaby"**

I will continue my donations to the Fong Cares Foundation because I believe in their mission. As a teacher for more than thirty years, I witnessed many students who suffered from depression and who had suicidal thoughts. The Fong Cares Foundation offers hope for those struggling with mental health issues, and they also provide help to other organizations who are doing the same thing. **"Eric Peavy"**

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2025 Financial Summary

Statement of Activity - Year-To-Date

Fong Cares Foundation

January-December 2025

Distribution account	Total
Income	
4100 Individual Contributions	
4110 Individual Contributions	5,905.82
4150 Board Membership Dues	78.50
4100 Individual Contributions - in-process (2025)	$525.00
Total for 4100 Individual Contributions	$6,509.32
4200 Corporate Contributions	1,887.49
5500 Merchandise Sales	
5510 Sales of Product Revenue	148.90
Total for 5500 Merchandise Sales	$148.90
Unapplied Cash Payment Revenue	1,514.41
Total for Income	$10,060.12
Gross Revenue	**$10,060.12**
Expenses	
7300 Legal & Professional Services	

2025 Goal is $10,000

The Fong Cares Foundation annual summary is prepared in accordance with our guidelines for the 501(c)3 non-profit annual reporting of accomplishments and financial information.

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7355 SoS Nevada Fee - Annual	51.25	
7360 Colorado Annual Fees	10.00	
Total for 7300 Legal & Professional Services	$61.25	
8100 Office Supplies & Software	341.87	
Total for 8100 Office Supplies & Software	$1,387.64	
8200 Rent & Lease including Utilities & Taxes		
Total for 8200 Rent & Lease including Utilities & Taxes	$1,793.68	
8400 Fundraising Cost and Supplies		
Total for 8400 Fundraising Cost and Supplies	$238.79	
8500 General Advertising & Marketing	162.71	
Total for 8500 General Advertising & Marketing	$3,026.23	
8600 Projects and Charity-Giving Activities		
Total for 8600 Projects and Charity-Giving Activities	$1,063.88 $1,000.00 (planned)	*Charity Giving payout*
Total for Expenses	$7,571.47	
Net Income and Carry Over to 2026	$1,488.65	*Carry-over to 2026*

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Cash Basis Saturday, January 03, 2026, 09:46 PM
GMTZ

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